

STEPPING STONES PEDIATRICS

YOUR GUIDE TO WELL CHILD CARE VISITS

THE RECOMMENDED WELL CHILD VISITS ARE LISTED BELOW.
A COMPREHENSIVE PHYSICAL EXAMINATION WILL TAKE PLACE.
VACCINES AND EVALUATIONS WILL ALSO BE OFFERED DURING THIS VISIT.

2-7 DAYS	HEP B#1 (IF NOT GIVEN IN HOSPITAL)
2 WEEKS	
1 MONTH	
2 MONTH	PEDIARIX#1 {DTAP#1, POLIO#1, HEP B#2}, HIB#1, PREVNAR#1, ROTAVIRUS#1
4 MONTH	PEDIARIX#2 {DTAP#2, POLIO#2, HEP B#3}, HIB#2, PREVNAR#2, ROTAVIRUS#2
6 MONTH	PEDIARIX#3 {DTAP#3, POLIO#3, HEP B#4}, PREVNAR#3, ROTAVIRUS#3, DEVELOPMENTAL EVALUATION
9 MONTHS	
12 MONTHS	PROQUAD#1 {MMR#1, VARICELLA#1}, HIB#3, PREVNAR#4, HEP A#1, DEVELOPMENTAL EVALUATION, ANEMIA/LEAD/TB SCREENS
18 MONTHS	DTAP#4, HEP A#2, DEVELOPMENTAL EVALUATION
PHYSICALS ARE SCHEDULED EVERY YEAR AS OF 2 YEARS OLD	
2 YEARS	DEVELOPMENTAL EVALUATION, ANEMIA/LEAD/TB SCREENS
3 YEARS	DEVELOPMENTAL EVALUATION, ANEMIA/LEAD/TB SCREENS, VISION, BP
4 YEARS	DTAP#5, POLIO#4, MMR#2, DEVELOPMENTAL EVALUATION, ANEMIA/LEAD/TB SCREENS, URINALYSIS, HEARING & VISION, BP
5 YEARS	DEVELOPMENTAL EVALUATION, ANEMIA/LEAD/TB SCREENS, HEARING & VISION, BP
6 YEARS	PSYCH SCREEN, TB SCREEN, HEARING & VISION, BP
7-21 YEARS	PSYCH SCREEN, TB SCREEN, HEARING & VISION, BP, LABS & TESTS

OTHER IMMUNIZATIONS

6MTHS-4YRS: INFLUENZA (OCTOBER-APRIL ANNUALLY)
11-12 YEARS: TDAP, MENACTRA, VARICELLA#2, GARDASIL X3 (FEMALES ONLY)

ABBREVIATIONS

BP: BLOOD PRESSURE
DTAP: DIPHTHERIA, TETANUS, ACELLULAR PERTUSSIS
GARDASIL: HUMAN PAPILOMA VIRUS
HEP A: HEPATITIS A
HEP B: HEPATITIS B
HIB: HAEMOPHILUS INFLUENZA B
TDAP: TETANUS, DIPHTHERIA, ACELLULAR PERTUSSIS

INFLUENZA: INFLUENZA A & B
MENACTRA: MENINGOCOCCAL
MMR: MEASLES, MUMPS, RUBELLA
PREVNAR: PNEUMOCOCCAL
TB: TUBERCULOSIS
VARICELLA: CHICKENPOX

ABOUT THE WELL CHILD VISIT

THE WELL CHILD VISIT IS A GOOD TIME TO DISCUSS ANY BASIC CONCERNS YOU MAY HAVE ABOUT YOUR CHILD'S GROWTH AND DEVELOPMENT. WE TRY TO FOCUS ON EACH CHILD'S INDIVIDUAL NEEDS AND CHALLENGES, HELPING CHILDREN, PARENTS, AND FAMILIES ACHIEVE OPTIMAL HEALTH. THESE VISITS ARE SCHEDULED FOR 15-30 MINUTES. IF THERE ARE MORE COMPLEX PROBLEMS YOU NEED HELP WITH, PLEASE SCHEDULE A SEPARATE SICK VISIT APPOINTMENT, SO THAT WE MAY HAVE THE NEEDED TIME TO HELP YOU AND YOUR CHILD WITH THESE ISSUES.
THANK YOU FOR LETTING US BE A PART OF YOUR CHILD'S HEALTHCARE.